



## Light Housekeeping Guidelines

Light Housekeeping Includes:	Light Housekeeping Does <b>Not</b> Include:
<ul style="list-style-type: none"> <li>• Vacuuming</li> <li>• Dusting</li> <li>• Sweeping (Broom and Dustpan)</li> <li>• Mopping</li> <li>• Wiping Countertops</li> <li>• Cleaning Dishes</li> <li>• Washing and Drying Pots and Pans</li> <li>• Laundry</li> <li>• Folding Laundry</li> <li>• Ironing Clothes (No Starch)</li> <li>• Linen Changes</li> <li>• Making Beds</li> <li>• Watering Interior Plants</li> <li>• Exterior Appliance Wipe Down</li> <li>• Tub/Shower Wipe Down</li> <li>• Sink Wipe Down</li> <li>• Mirror Cleaning</li> <li>• Interior Window Cleaning</li> <li>• Removing Old Food From Refrigerator</li> <li>• Taking out Trash</li> </ul>	<ul style="list-style-type: none"> <li>• Use of Bleach or Harsh Chemicals</li> <li>• Hands and Knees Scrubbing</li> <li>• Carpet Shampooing</li> <li>• Interior Refrigerator Cleaning</li> <li>• Interior Oven Cleaning</li> <li>• Standing on Ladders or Furniture</li> <li>• Moving or Shifting Furniture</li> <li>• Exterior Window Washing</li> <li>• Landscaping</li> <li>• Mowing Lawns</li> <li>• Painting</li> <li>• Sewing</li> <li>• Moving Boxes</li> <li>• Home Maintenance/Handyman Work</li> <li>• Insect Fumigation</li> <li>• Anything requiring excessive "elbow grease"</li> </ul> <p>*Client – Please note that you must supply your own cleaning products. Our Caregivers do not bring their own</p>